

FY2015 CHNA&HIP Progress Report

Poweshiek County; 2013 CHNA goals and strategies Community Health Improvement Plan

GOAL	Strategies	Progress on Strategies
Mental Health Needs 1. More Provider availability 2. After office hours assistance 3. Inpatient care 4. Preventative Care	1. Additional providers will be in place as identified by GRMC by 12-31-14.	1. A mental health nurse practitioner, and 2 social workers have been added to GRMC Mental Health clinic. 5-1-2015 Have a psychiatrist, nurse practitioner and LISW in the GRMC Mental Health clinic. Grinnell Regional Medical Center is evaluating Tele- psych services and mental health staffing in the ER.
	2. Crisis line available as well as ER by 3-1-2014	2. 24 hour crisis line and ER for after hours mental health needs.
	3. Form a working committee with surrounding counties by 12-31-2014	3. A committee was formed with several surrounding counties to explore services available. This committee did not continue any collaborative work and is no longer meeting.
	4. A community mental health task force will be formed by 6-1-2014	A community mental health task force was formed and met on 2-19-14. Many good ideas were shared by those present and the task force will be meeting quarterly. 5-1-2015; The mental health task force continues to meet quarterly to discuss gaps in services and possible solutions.

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Obesity/Nutrition Needs 1. Additional education 2. Availability of whole foods 3. Encourage exercise	1. CTG funds will be used to encourage restaurants to offer healthy options, healthy vending in businesses, and ads for healthy choices in local papers by 9-30-2014.	1. NEMSV assessments have been completed at vending machines at worksites in the community with employers being notified of the results. NEMSR has been completed in restaurants in the community with proposed changes to menus.
	2. Encourage healthy labeling of produce in grocery stores to encourage consumers to purchase by 9-30-2014	2. Grinnell College student has set up a booth at the Hy-Vee store to educate children about nutrition. 5-1-15: Hy-Vee continues to sponsor Grinnell College students at a Kiosk. The Hy-Vee dietician has been going to businesses in the area to talk about nutrition.
	3. Make whole foods available in food pantries by 9-30-2015.	3. Giving Gardens has been established in Grinnell that will contribute produce from the gardens to the food pantries. 5-1-2015: Giving Garden committee has been formed and another grant given to the group to increase the number of gardens in the community. Each of these gardens will donate produce as it is available.
	4. Increase involvement with Live Healthy Iowa program with an increase of 10% in participation each year by 9-30-2016.	4. There were an increase of teams in Poweshiek County but no numbers on the totals have been released. 5-1-2015: Several businesses and groups have continued to participate in Live Health Iowa. No release of numbers per county as yet.
	5. Seek grant funding for obesity prevention by 9-30-15.	5. Grant funding is being reviewed for possible grants that will extend some of the CTG initiatives for obesity prevention. 5-1-2015: A grant was applied for through Grinnell Regional Wellness Dept. for childhood exercise and obesity prevention.

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Preventative Care and Wellness education 1. Start preventative care and nutrition education at a young age. 2. Get local produce to consumer and educate on healthy preparation.	1. Education will be delivered to families with children on preventative care issues such as obesity, mental health, and nutrition by 12-31-2016	1. No progress on this strategy. 5-1-2015: SATUCI is applying for a grant to provide education with mental health issues and children. Family Team meetings are offered through the Healthy Choices Coalition to those with children. Grinnell Middle school has a lunch forum for students who need support with counselors available. Brooklyn school has started a SADD group that has started with afterschool and summer activities.
	2. GRMC Babies Room parenting classes will have two classes focused on nutrition education 12-31-2014.	2. This will be planned for a 2014 class. 5-1-2015 Education has been expanded at the Babies Room class to include issues such as preventative care.
	3. A Food Systems Assessment will be completed by the CTG staff with the results producing goals for Poweshiek County by 12-31-2015 .	3. A food system assessment has been completed and the results taken to the local Food Alliance. Goals will be set for the coming year.
	4. Increase adolescent immunization rate from 7% to 30 % by 12-31-15	4. Mailings have been sent to all those parents in the GRPH immunization home informing them of the vaccines available to them. 5-1-2015: 2014 Adolescent Immunization rate for Poweshiek County is 39%. So the rate has met the goal. This needs to continue to grow until hitting the national goal of 90%.
	5. Begin a breastfeeding support group for the community by 12-31-14	5. Grants have been applied for supporting a breastfeeding support education and training scheduled for two nurses to attend the Certified lactation consultant training. This has been completed and Breast Feeding support group started. 5-1-2015: The Breastfeeding support group is held monthly at the Public Health office. An educational session is held at Grinnell Regional Medical Center quarterly by the OB staff.
	6. Continue to sponsor and participate in Health Fairs in the community 12-31-2014.	6. Public Health has attended the Grinnell College Health fair and the Middle school health fair will be in the fall of 2014. 5-1-15: A Health Fair was held at Grinnell College and a Health Fair at the middle school was attended by Public Health and Hospital staff.

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Access to care: Medical and Dental 1. Connecting residents with available payer sources and funding availability for medical care. 2. Lack of providers in the community for those without insurance or a medical home 3. Transportation to medical appointments in the community and outside of the community	1. Marketplace insurance Counselors will be available to residents by appointment to assist in obtaining affordable insurance by 12-2-2013.	1. A marketplace insurance counselor was hired by GRMC in December of 2013. The counselor met with community members by appointment to assist them in signing up for the appropriate insurance based on income and resources. 5-1-2015: A Insurance Counselor is available at the Public Health office by appointment which started when the full time position ended. 37 people were newly enrolled or re-enrolled for insurance during the current enrollment period.
	2. Urgent care clinic will be opened for service for the GRMC service area by 3-1-2014.	2. GRMC urgent care was opened in March of 2014. 5-1-2015: Urgent care is now open 7am to 7pm Monday through Friday and some Saturday hours.
	3. A resource directory with all resources for transportation in the community will be available as an education tool by 2-1-2014 and annually.	3. Several local agencies have been working to gather updated information for the resource directory. The directory will be available to post on the websites of local agencies and for the community. The directory is available as of March 2014. 5-1-2015: The resource directory was completed in 2014 and was updated in April of 2015. The directory will be distributed to all Healthy Choices Coalition members.
	4. A transportation meeting will be held with stakeholders such as Region 6 to discuss affordable transportation options for the community by 2-1-2015.	4. No progress on this strategy as yet. 5-1-15: Transportation issues have been discussed at Health Choices Coalition meetings and at the Interagency meeting held at Drake Library. A group will be assembled to discuss transportation in Poweshiek County fall of 2015.